

# Tai Chi Center

*of Madison* est.1974



Classes Start May 21

Register Now !

[www.taichicenterofmadison.com](http://www.taichicenterofmadison.com)

608-663-8299

## Try a Class for Free!

Discover relaxed concentration; effortless, powerful movement; and flowing, natural coordination that improves your health and everything you do.

The following classes, starting May 21st are suitable for beginners.

### **Downtown, 301 S. Bedford St.**

Mondays, 10:30 am - Tai Chi Fundamentals & ROM Dance

Mondays, 7:00 pm - Tai Chi Fundamentals

Tuesdays, 6:30 pm - Beginning Traditional Tai Chi

Saturdays, 10:00 am - Beginning WCC Chen Tai Chi

### **Westside, 6333 Odana Rd.**

Wednesdays, 10:00 am - Tai Chi Fundamentals

Wednesdays, 5:30 pm - Tai Chi Fundamentals

See Full Schedule & Registration on back!





# Tai Chi Center of Madison

May 21 - August 4

(No Classes Wed., July 4)

**B** = Beginners Welcome    DAYTIME    EVENING

## 301 S. BEDFORD CLASSES

### MONDAY

### CODE

10:30 - 12:00 **B** Tai Chi Fundamentals & The ROM Dance    RMA

7:00 - 8:00 **B** Tai Chi Fundamentals 1 (Lvl 2: 7:00 - 8:30)    FMP

### TUESDAY

10:30 - 11:45    Yang 2-4 Intermediate - Advanced Tai Chi    4TA

5:30 - 6:30    Yang 3-4 Advanced Tai Chi    4TP

6:30 - 7:30 **B** Yang 1 Beginning Tai Chi    1TP

### WEDNESDAY

(No Classes Wednesday, July 4)

6:00 - 7:00    Tai Chi Saber    SWP

### THURSDAY

5:30 - 6:30    Yang 2 Intermediate (Completion) Tai Chi    2RP

6:30 - 7:30    Yang 3-4 Intermediate - Advanced Tai Chi    4RP

7:30 - 8:30 **B\*** Sensing Hands (Req: Previous or concurrent form class)    RSH

### SATURDAY

9:00 - 10:00 **B\*** Sensing Hands (Req: Previous or concurrent form class)    SSH

10:00 - 11:00 **B** WCC Chen's 60 Mvt's    WCC

11:00 - 12:00 **B\*\*** WCC Chen's Long Form    SLF

Noon    Beginning Tai Chi Sword    SSW

### SUNDAY

**B** Odd Sunday Club    No Registration \$20/class suggested donation

3:00 - 5:00    1st, 3rd & 5th Sundays.

Jody Curley offers this class exploring applications, peaceful partner play & various advanced aspects of WCC Chen's Curriculum. Participants should have Yang lineage form experience or consent of instructor.

## 6333 ODANA RD. CLASSES (at SPACE)

### WEDNESDAY

10:00 - 11:00 **B** Tai Chi Fundamentals    FWA

5:30 - 6:30 **B** Tai Chi Fundamentals    FWP

\* Requires previous or concurrent form class.

\*\* Beginners are welcome to take Yang Style (WCC Chen) Long Form, but the instructor recommends WCC Chen's 60 Movements as a better place to start.



← Daytime Classes are in white boxes

← Evening Classes are in grey boxes

← New!

**B** is for Beginner!

New to Tai Chi? Start with a class marked **B**. "Tai Chi Fundamentals" is our easiest class, but if you're fit and want more challenge try "Yang 1" or "WCC Chen's 60 Movements".

← New!

### Options

- Register Online (credit card)
- Register by Mail (check)
- Register at Class (check or cash)

## Registration and Fees (5/2018)

### 1. Contact Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City/St./Zip \_\_\_\_\_

Phone \_\_\_\_\_

email \_\_\_\_\_

### 2. List Your Class or Classes

Code	Class Name	Day

### 3. Choose a Membership 11 weeks

Session (1 class/week)	\$132
Session (2 classes/week)	\$198
Session (Unlimited Classes)	\$231
Annual (Unlimited Classes)	\$690
5 Week Trial (Unlimited Classes)	\$ 75
<i>(5 week trial available to new members only)</i>	

### 4. Choose One Discount

Register before 1st class	-\$10
Physicians Plus Member	-15%
Dean Care Member	-10%

### 5. Total Fee\* ..... \$ \_\_\_\_\_

\*No refunds. Membership can be transferred or deferred up to one year.

### 6. Mail Check & Registration to:

Tai Chi Center of Madison LLC (Office)  
5313 Fairway Dr. Madison WI 53711

← You may also register at class or online.

Questions?

608-663-8299

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